

## PE Programme of study

	<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
<u>Key Stage 2</u>	Invasion Games Dance Outdoor Education/Team building	Gymnastics Net/Wall Games	Athletics Striking and Fielding Outdoor Education/Team building
<u>Key Stage 1</u>	Invasion Games Dance	Gymnastics Net/Wall Games	Athletics Striking and Fielding
<u>Foundation Stage</u>	Spacial Awareness Importance of exercise Balance and co-ordination Moving confidently	Speed and Accuracy Hand-foot/eye co-ordination Dance Body Movement	Hall Apparatus Climbing Jumping Sports Day Preparation

- All Key Stage 2 classes go swimming for half a term during the year.
- TOPs sports cards are used to support the delivery across the curriculum.
- Fine Motor Skills sessions are used as an intervention for those pupils who require the support.
- Trained sports leaders from Year 6 deliver playground games during lunchtimes and break times in the year 3/4 and year 1/2 playgrounds.